



The *Good Food* Revolution – Come See the Movie on September 14th at the Empire Theatre in Bolton

In celebration of Eat Local Month, there will be a special screening of the film *Good Food* – a timely event with the locovore food movement taking hold across North America. This film provides an intimate look at the farmers, ranchers, and businesses that are creating a more sustainable food system in the Pacific Northwest. It portrays the comeback of the small family farmer!

For decades, agriculture in the Northwest was focused on a few big crops for export. In response to climate change and the end of cheap energy, this film documents a region producing more of its own food in a sustainable way. *Good Food* visits producers, farmers' markets, distributors, stores, restaurants and public officials who are developing a more sustainable food system for all.

The screening is sponsored by the Eat Local Caledon (Caledon Countryside Alliance), Moviereels (Bolton Merchant Association) and Empire Theatres. Tickets are \$7 at the door on movie night. Advance tickets are available at: Forrester's Book Garden, Naked Vine, and Inglewood General Store.

Doors open at 7 pm with local food snacks and reception in lobby; movie from 8 - 9:15 pm. Empire Theatre is located at 194 McEwan Drive East in Bolton.

For more information, contact eatlocal@eatlocalcaledon.org or call 905-584-6221 or go to www.eatlocalcaledon.org.

This September, Participate in Caledon's Eat Local Month!

For more information on the Eat Local Month visit www.eatlocalcaledon.org. For more information on the CCA, call 905.584.6221 or visit www.caledoncountryside.org.

For further information on this release please contact:

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Caledon Countryside Alliance...Sustainable Caledon...Eat Local Caledon

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