



Seven Day Eat Local Challenge Scorecard

First Name:

Last Name:

Email:

Number of Participants:

Write down a score for 3 main meals per day for each day of the Seven Day Eat Local Challenge. For each meal, give yourself:

2 points – If ingredients were included that were grown or produced within the Caledon area (Caledon, Headwaters, Peel, etc.), or if you ate a featured local meal at one of the participating Caledon venues.

1 point – If Caledon-produced ingredients were not included, but the meal did include ingredients grown or produced within Ontario.

0 points - If neither Caledon nor Ontario-produced ingredients were included.

The max total for each day is **6 points**.

Day	Meal	Score (0 - 2)	Write down the local food that was included in this meal, as well as the name of the farm/producer, food retailer, or restaurant if applicable.
Example:			
1 - Monday	Lunch	2	tomatoes (Van Dyken Bros. Farm); beef (Broadway Farms); bread (Ray's Bakery); milk (Steen's Dairy); apples (Albion Orchards)
1 - Monday	Breakfast		
	Lunch		
	Dinner		
	Total		
2 - Tuesday	Breakfast		
	Lunch		
	Dinner		
	Total		

3 - Wednesday	Breakfast		
	Lunch		
	Dinner		
	Total		

4 - Thursday	Breakfast		
	Lunch		
	Dinner		
	Total		

5 - Friday	Breakfast		
	Lunch		
	Dinner		
	Total		

6 - Saturday	Breakfast		
	Lunch		
	Dinner		
	Total		

7 - Sunday	Breakfast		
	Lunch		
	Dinner		
	Total		
	Grand Total		