

eat local caledon

Farm to Table

Directory

2011

Caledon Countryside Alliance Sustainable Caledon



THE ONTARIO
TRILLIUM
FOUNDATION



LA FONDATION
TRILLIUM
DE L'ONTARIO

eat local caledon

June 1, 2011

Dear *Eat Local Caledon* Supporters,

Welcome to the 2011 edition of the Eat Local Caledon Farm to Table Directory. The Caledon area is home to a fantastic array of food producers, including all of you listed in the directory. With your support, we have been able to prepare this directory to help build a more sustainable food system by encouraging food buying and selling between local producers and culinary businesses.

Since launching the *Eat Local Caledon* program in spring 2007, local producers, restaurants and retailers have participated in a number of initiatives to promote increased local food trade including Eat Local Week & Month, Making Connections Trade Meetings and the Local Dinner Series.

The *Eat Local Caledon* Farm to Table Directory is intended to help restaurants, retailers, caterers and institutions to find local ingredients and products. The Directory contains information on local producers in Caledon, greater Peel Region and Headwaters Area that are interested in selling to local restaurants, caterers and shops.

It is our hope you will make use of this Farm to Table Directory and of the opportunities to source more local food for your business. Enjoy and let us know how it works!

Jennifer Clark and
Karen Hutchinson
Eat Local Caledon

Caledon Countryside Alliance

Sustainable Caledon

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Design supplied Sean Zaffino

Why Support a Local Food System?

Economy: Buying and selling local food re-circulates money within the community, thereby benefiting all community businesses and members. When farmers are able to sell their product directly, their farm businesses can be more profitable. Profit margins for farmers through conventional distribution channels are usually slim. The presence of a direct market for local farm products makes farming more viable and supports the local farm economy.

Environment: Local food trade generates far less pollution and utilizes far fewer resources than non-local food distribution. Studies have shown that the average distance that food travels from farm to plate in North America is 1,500 miles. Of the fossil fuels that are used in the world's food system, only 10% goes into actual food production, and the remaining 90% goes towards the packaging, transporting and marketing. Buying and selling food locally helps to reduce reliance on fossil fuels and supports a more sustainable food system. In addition, the presence of viable local farm businesses contributes to the preservation of farmland in the region.

Culture: A connected and working local food system helps to foster a sense of community. It helps to preserve the rural flavour and landscape that makes the Caledon-Headwaters area so special. Local food trade connects local farmers and businesses, providing a story and giving more meaning behind food that is sold and served.

Advice for Culinary Buyers

Advantages of Buying Local Food

Keep up with the local food trend. More and more, consumers are searching out local food. Your business will have a market advantage by purchasing and serving food from local farms. Be sure to promote your use of local food (e.g. farm names on the menu).

Opportunity for fresher ingredients. When you purchase local ingredients, they were likely harvested within the past day or two and are therefore fresher, more nutritious and flavourful. Local food also contains fewer additives because it does not need to withstand long travel times. It will make a difference in the food you serve!

Environmental and social responsibility. Supporting a local food system enhances the sustainability of your culinary business. Both you and your customers will feel good about that!

Food with a story. Purchasing local food for your business will connect you with local farmers and give a story behind the food you serve, providing a more meaningful dining experience for your customers.

Tips of the Trade

Commitment. Buy consistently from a core group of farmers so that they know what to expect, or communicate with your producer that you may be making purchases once in a while.

Delivery. Establish a delivery schedule with your local farmer.

Buying. Expect to pay a fair price and consider that a local farmer's cost may be more than the commercial shipped-in product. Don't expect the farmer to be selling at a discount. Establish a predictable routine with your farmer for phone calls, orders and questions. Communicate what works for you.

Education. Continue to learn about the items your farmer grows. Inspire your co-workers and employees to do the same. Items coming directly from a farm may look different from commercial items that your employees are used to seeing, and they need to know how best to take advantage of that difference

Talk to your farmer. Talk to them about what you plan to do with their product and what it will be paired with. Ask your farmer how they use it. If you are unhappy with something, let them know and why. It is in their interest to make you happy. Talk to your farmer about trends and request varieties you are interested in.

Cultivate trust. There is always a degree of uncertainty regarding crop size and quality. Remain flexible and patient with your farmer.

Be flexible. Use what is fresh and in season. Generalize your menus and produce departments. If certain products are fresh that day, they can be incorporated into a dish without changing the menu. Take advantage of daily specials.

Adapted from Ecotrust and the Portland Chapter of the Chefs Collaborative

Advice for Producers

Advantages of Selling Your Food to Local Businesses

Cross-promotion. When local restaurants or retailers are selling food from your farm, their customers will learn about your farm and your products. Think of it as free advertising!

Expand your market. Selling to local food businesses expands and diversifies your direct-sale market. Other culinary buyers and retail customers will learn of your farm, and will be more likely to drop in and purchase your products themselves.

Environmental and Social Responsibility. Supporting a local food system enhances the sustainability of your farm business.

Tips of the Trade

1. Commitment. Restaurants and retailers need to be somewhat automated in their purchasing patterns. When a business commits to buying a certain amount, they anticipate it to be delivered accordingly.

2. Delivery Schedule. Try to establish a delivery system that works for both of your schedules. Know your buyer's busy times and plan your calls and visits around these times, not in the middle of them.

3. Sell what you can deliver. If you are selling meats or fish, make sure that you have the appropriate permits to sell to restaurants or retailers. If you can't realistically fill an order, say so right away. If the product quality or quantity is different from what you offered, call and ask if they still want it.

4. Be Professional. Remember to be consistent in your work and with your product. Be easily reachable (e.g. answering machine, cell phone, email). Always deliver the freshest and best quality that you can. Assist the person receiving the delivery by collecting your boxes, be on time, courteous and prepare invoices ahead. Call if you will be late. Arrange payment terms.

5. Specialize and diversify. Diversify the product that you offer and make yourself unique. Research the market so you know what others are growing and where the holes are. Talk to your buyer about what they would like to see on their menus and shelves in the future.

Adapted from Ecotrust and the Portland Chapter of the Chefs Collaborative

Table of Contents

Farm/Producer	Page #
Fruits & Vegetables	1
Albion Orchards	1
All Sorts Acre	1
Awesome Blossom	1
Bailey's Farm	1
Berryview Farms	1
Besley County Market	1
Big R Apple Farm	1
Black Willow Farm	1
Caledon Farm	1
Chesslawn Vineyard & Winery	2
Deerfields	2
Dixie Orchards	2
Downey's Farm Market	2
Everdale Organic Farm	2
Fresh & Tasty Mushrooms	2
Fresh Veggies	2
Garden Products	2
Hidden Meadows Farm	3
Horseshoe Hill Apple Farm	3
Kang Farm	3
Ken Speirs Orchards	3
Lennox Farm Ltd.	3
M & B Alchemy Inc.	3
Music Farm	3
Neil Morris' Market Garden	3
Orchalaw Farms	4
Peace Ranch	4
Quint Ferri North Farm	4
Reid's Potatoes & Farm Market	4
Rock Garden Farms	4
Spirit Tree Estate Cidery	4
Sunny Acres Farm	4
Van Dyken Brothers	4
Sarete Farms	5
Nature's Nurturing	5

LOVE Ontario Garlic	5
The New Farm	5
Golden Innisfree Farms	5
Uphill Farm Organics	5
Whitney Farm	5
Arthur Greenhouse	5
Am Braigh Farm	6
Murphy's Farmstead	6
Kar-Dean Farms	6
Windy Field Farms	6
Hockley Valley Herb & Tea	6
Altavista Farms	6
Albion Hills Community Farm	6
Meats & Fish	7
Besley Country Market	7
Bert Nieuwenhuis	7
BigTusks Wild Boar	7
Black Willow Farm	7
Deer Valley Farm	7
Donnyweir Poultry Farm	7
Everdale Organic Farm	7
Heatherlea Farm Market	7
Knollbrook Farms	7
Lamb Lady Finn	8
Mono Cliffs Deer Farm	8
Mulmur Vista Farms	8
Our Farm	8
Silver Creek Aquaculture	8
Speers Farms Amaranth	8
Spiritwood Farm	8
Stone Ridge	8
Golden Innisfree Farms	9
Am Braigh Farm	9
Primrose Trout Farm	9
Murphy's Farmstead	9
Maple Syrup	10
Black Willow Farm	10
Duffy's Lane Maple	10
Knollbrook Farms	10
Putney Heath Farms	10
Willow Creek Farm	10

Honey	11
Caledon Hills Honey	11
Forks of the Credit Honey	11
Horseshoe Hill Apple Farm	11
Morland Honey House	11
Caledon Farm	11
Music Farm	11
Pine Creek Honey	11
Seventh Heaven Apiary	11
Leitch's Honey	11
Golden Innisfree Farms	12
Wally Tait	12
Breads & Baked Goods	13
Downey's Farm	13
Goodness Me!	13
Howard the Butchers	13
Ken Speirs Orchards	13
Mercato Fine Foods	13
Music Farm	13
Our Farm	13
Pastizzi in the Hills	13
Pia's Bakery	14
Ray's 3 rd Generation Bistro Bakery	14
Rock Garden Farms	14
Spirit Tree Estate Cidery	14
The Biscotti Shoppe	14
Wicked Shortbread	14
Murphy's Farmstead	14
Holtom's Bakery	14
Glen Oven Bakery	14
Beverages	15
Albion Orchards	15
Buckstown Beans	15
Chesslawn Vineyard & Winery	15
Downeys Farm & Winery	15
Hockley Valley Coffee Roasters	15
Hockley Valley Herb & Tea	15
Ken Speirs Orchard	15
Spirit Tree Estate Cidery	15
Value-Added Products	16
Hockley Valley Herb & Tea Ltd.	16

Mrs. V's	16
Our Farm - Bakery	16
Golden Innisfree Farms	16
The Chocolate House	16
The Chocolate Gallery	16
Woolwich Dairy	16
Steen's Dairy	16
Flowers & Plants	17
Plant Paradise Country Gardens	17
Am Braid Farm	17
Arthur Greenhouse	17
Caledon Farm	17
Botanix Alton Greenhouse	17
Rock Garden Farms	17
Stephanie's Country Greenhouse	17
Willow Creek Farm	17

Fruits & Vegetables

Albion Orchards

Scott Lunau
14800 Innis Lake Rd., Caledon East
905-584-0354
www.albionorchards.com
Product Availability: Apples (Sept.-Dec.)
Delivery: Depends on distance and order size
How to Order: Phone
Best Time for Contact: Weekdays, 9-5

All Sorts Acre

Tim & Jennifer
519-823-9916
Product Availability: heirloom tomatoes, potatoes and variety of other seasonal veggies
Delivery: Yes
How to Order: Phone
Best Time for Contact: Any

Awesome Blossom

17221 Airport Rd., Caledon East
905-584-5691
Product Availability: Seasonal vegetables
Delivery: **How to Order:** Phone
Best Time for Contact: Any

Bailey's Farm

Paul or Grant Bailey
3634 King St., Caledon
905-838-3204, 416-420-1480
Product Availability: Strawberries (June-July), Raspberries (July-Aug.), Pumpkins (Oct.)
Delivery: Depends on order
How to Order: Phone
Best Time for Contact: 6-7am for same day, 12-4pm for next day
During strawberry and raspberry season you can find Paul at the Inglewood Farmers' Market, Wednesdays, 3:30-7pm, June-Oct.

Berryview Farms

Greg Downey
13707 Heart Lake Rd., Caledon
905-838-4189, 416-816-4189
Product Availability: Asparagus (May-June) Strawberries (June), Raspberries (July), Apples (Fall)
Delivery: Depends on order size
How to Order: Phone
Best Time for Contact: Any

Besley Country Market

Brian & Evan
716 Victoria St., Shelburne
519-925-3565
Product Availability: Seasonal vegetables, herbs, flowers (June –October)
Delivery: Yes
How to Order: Phone
Best Time for Contact: Any time, leave a message

Big'R Apple Farm

Nick Ferri
8672 Heritage Rd., Brampton, 905-455-8414
Product Availability: Strawberries (June/July), apples, pears, squash, pumpkins (Fall)
Delivery: No
How to Order: Phone
Best Time for Contact: Weekdays, 9-5

Black Willow Farm

Anthony & Cheryl Dawson
5899 Tenth Line, Erin
519-855-6279, 905-872-2297
blackwillow@live.ca
Product Availability: Variety of seasonal vegetables (summer-fall)
Delivery: Yes, depending on order size & distance
How to Order: Preferably email, second phone
Best Time for Contact: Any, leave a message
Farm-gate sales by appointment, please call ahead.

Caledon Farm

Sybil Walker
20985 Main St., Alton
519-941-4116 sales@caledonfarm.com
www.caledonfarm.com
Product Availability: Variety of seasonal vegetables, organically grown (May-Dec.)
Delivery: Yes
How to Order: Email or phone (prefer email)
Best Time for Contact: Any

Fruits & Vegetables

Chesslawn Vineyard & Winery

Dave & Lisa Matson
8859 Castleberg Sdrd., Caledon
416.907.4283 sales@chesslawnwinery.com
www.chesslawnwinery.com

Product Availability: Grapes (Fall)
Delivery: Depends on order size & distance
How to Order: Phone or email
Best Time for Contact: Any

Deerfields

John Sutherland
5881 3rd Line, Hillsburgh
519-855-4651, jsutherland@sympatico.ca

Product Availability: Greens Mix & pea shoots (mostly year round); Tomatoes, squash (summer and fall); various other vegetables according to season
Delivery: Yes, depending on order and distance
How to Order: Phone
Best Time for Contact: Any time

Dixie Orchards

Paul Gray
14309 Dixie Rd., Caledon
416-528-0274
www.dixieorchards.com

Product Availability: Black & Red Raspberries (July), Red Currants (July), Crabapples (Aug.), Apples (Sept.-Nov.)
Delivery: Depends on distance
How to Order: Phone
Best Time for Contact: Any

Downey's Farm Market

Darlene Downey
13682 Heart Lake Rd., Caledon
905-838-2990
info@downeysfarm.com www.downeysfarm.com

Product Availability: Asparagus (May)
Strawberries (June), Raspberries (July), Sweet Corn, Pumpkins (Oct.)
Delivery: Depends on order size
How to Order: Preferably Email
Best Time for Contact: Any

Everdale Organic Farm

Carl Leslie, Farm Manager
5812 Sixth Line, Hillsburgh
519-855-4859 ext.106, carl@everdale.org
www.everdale.org

Product Availability: Organic vegetables, herbs, fruit (year-round)
Delivery: Yes, depending on order size & distance
How to Order: Preferably email, second phone
Best Time for Contact: Any

Fresh & Tasty Mushrooms

Sean DeClerc
Shelburne, 519-925-3215
Product Availability: Specialty mushrooms, including oyster, shitake, king oyster, cinnamon, and more

Delivery: Yes, depending on order size
How to Order: Phone
Best Time for Contact: Evenings, but leave a message any time
You can find Sean at the Caledon Farmers' Market, Thursdays, 3-7, June-Oct.

Fresh Veggies

Bob Baloch
Brampton
(905) 799-6150, bbaloch@thefreshveggies.com
www.thefreshveggies.com

Product Availability: Variety of seasonal vegetables (spring-fall)
Delivery: Yes, for minimum order of \$100
How to Order: Email or phone
Best Time for Contact: Any

Garden Products

Mel Bailey
Ballinafad
905-877-2054

Product Availability: Tomatoes, beans, beets, apples, pears, squash (summer-fall)
Delivery: Yes
How to Order: Phone
Best Time for Contact: Any
During September you can find Mel at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Fruits & Vegetables

Hidden Meadows Farm

Deborah Robillard & Andrew Sharko
18898 Hurontario Street, Caledon Village
519-927-9941 hiddenmeadows@bell.net

Product Availability: Radish, herbs, rhubarb, (June), peas, spinach, (June/July), garlic scapes (July/Aug.), beans, beets, zucchini, cherry tomatoes, swiss chard, ground cherries (summer/fall), garlic (Sept.-Jan.), carrots (purple, baby), heirloom tomatoes

Delivery: Yes

How to Order: Email or phone

Best Time for Contact: Any

Lennox Farm Ltd.

Bill French
518204 County Rd. 124
Shelburne

519-925-6444

Product Availability: Forced rhubarb (fall-winter), outdoor rhubarb (May-June), strawberries, peas, brussel sprouts,, cabbage, squash, sweet corn

Delivery: No

How to Order: Phone

Best Time for Contact: Any

Horseshoe Hill Apple Farm

Linda Gillstrom
15691 Horseshoe Hill Rd.
519-927-1715 l.gillstrom@rogers.com

Product Availability: Organically-grown apples, sweet cherry tomatoes, big beefsteak tomatoes, richgreen zucchini, cucumbers, merlin beets, sweet potatoes, green peppers, hungarian hot peppers, sweet red onion, multi-sized pumpkins (Aug.-Oct.)

Delivery: Yes

How to Order: Phone or email

Best Time for Contact: Any time

M & B Alchemy Inc.

Mark & Bridgitte
9-75 First Street, Orangeville
519.940.3869 mark@MandBalchemy.com

Product Availability: sprouts, wheatgrass (Year-round)

Delivery: Yes

How to Order: Email or phone

Best Time for Contact: Any

You can find Mark & Bridgitte at the Caledon Farmers' Market, Thursdays, 3-7, June-Oct.

Kang Farm

Balbier
14507 McLaughlin Rd., Inglewood
416-666-4416

Product Availability: Strawberries, peas (mid-June-July)

Delivery: Yes

How to Order: Phone

Best Time for Contact: Any

Music Farm

Rusty
14130 Creditview Rd., Cheltenham
905-838-1108

Product Availability: Dandelion greens, garlic scapes (July), garlic (Aug. 1 – Oct. 31)

Delivery: Depends on distance

How to Order: Phone

Best Time for Contact: Any

You can find Rusty at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Ken Speirs Orchards

Lonna or Ken, Owners
4810 Mayfield Rd., Caledon
905-846-0506, 905-843-2320

Product Availability: Apples & already-sliced, diced, or pureed apples (Year-round)

Delivery: No

How to Order: Phone

Best Time for Contact: Weekdays, 9-5

Neil Morris' Market Garden

Neil Morris
Inglewood
905-838-1485

Product Availability: rhubarb, herbs, Jerusalem artichokes (June-July), peppers, zucchini, and variety of other vegetables (Aug.-Sept.)

Delivery: Yes, depending on order size and distance

How to Order: Phone

Best Time for Contact: Any time

You can find Neil at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Fruits & Vegetables

Orchalaw Farms

Heather Laidlaw
9726 Heritage Rd., Brampton
905-456-1879
www.orchalawfarms.com
Product Availability: Apples, pears,
pumpkins, squash, corn
How to Order: Phone
Best Time for Contact: Weekdays, 9-5

Peace Ranch

Heidi Torreiter
19179 Centreville Creek Rd., Caledon East
905-584-9156 x 27
Product Availability: Carrots, tomatoes,
peppers, beans, summer squash, flowers, kale,
herbs, onions, cabbage, etc. (summer-fall)
Delivery: Possibly
How to Order: Phone
Best Time for Contact: M-F, 9-5
*Market Garden CSA Program available, call for
more details.*

Quint Ferri North Farm

Nigel
9156 Heritage Rd., Brampton
905-456-1968
Product Availability: 14 varieties of apples
(Aug.-Sept.), u-pick or ready picked
Delivery: No
How to Order: Phone
Best Time for Contact: Any

Reid's Potatoes & Farm Market

Gerry & Tricia, Owners
833153 4th Line Mono (just north of Hwy 9)
519-940-4096, www.reidspotatoes.com
Product Availability: Wide range of seasonal
vegetables including: asparagus, lettuce (spring),
spinach, greens, peppers, tomatoes (summer-
fall), squash, beets, carrots, garlic, novelty potato
varieties (purple, blue, fingerlings) (Year-round)
and more!
Delivery: Yes with minimum order of \$50
How to Order: Phone
Best Time for Contact: Any

Rock Garden Farms

Margaret Galati
16390 Airport Rd., Caledon East
905-584-9461
Product Availability: Strawberries (June),
Corn (Aug.), Squash (Fall)
Delivery: No
How to Order: Phone
Best Time for Contact: Daily, 7am-8pm
Specialty items can be ordered

Spirit Tree Estate Cidery

Thomas Wilson & Nicole Judge
1137 Boston Mills Rd., Cheltenham
905-838-2530, contactus@spirittreecider.com
www.spirittreecider.com
Product Availability: Apples (Year-round)
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any

Sunny Acres Farm

David Bianchi
9519 Winston Churchill, Brampton
905-867-5629
Product Availability: Raspberries (July/Aug.)
Delivery: Depends on order size
How to Order: Phone
Best Time for Contact: Any time

Van Dyken Brothers

Curtis Van Dyken
14510 The Gore Rd., Bolton
905-857-3561
Product Availability: Tomatoes, beans,
peppers, eggplant, zucchini, watermelon,
cantaloupe, other seasonal vegetables (June-
Nov.)
Delivery: Depends on distance
How to Order: Phone
Best Time for Contact: Mon.-Sat.

Fruits & Vegetables

Sarete Farms

Maria Amatiello
1366 Wanless Drive, Brampton
905-459-5816
Product Availability: Seasonal Fruit & Vegetables
Delivery: Yes
How to order: In person or by phone
Contact: Anytime
You can find Sarete Farms at the Caledon Farmers' Market on Thursdays, June-Oct.

Golden Innisfree Farms

John Slack
Erin, 519-855-4564, johnmslack@gmail.com
Product Availability: Variety of organically grown vegetables
Delivery: Yes
How to order: Phone or email
Contact: Anytime
You can find John at the Inglewood Farmers' Market on Wed. and Caledon Farmers' Market, on Thurs., June-Oct.

Nature's Nurturing

Thomas Elcome
Hillsburgh, naturesnurturing@gmail.com
(519) 939-9114
Product Availability: Soil grown sprouts and baby greens, superfood and vegetable seedlings, gourmet mushrooms, all organically grown
Delivery: Yes
How to Order: Phone
Best Time for Contact: Weekdays

Uphill Farm Organics

5113 3rd Line, Erin
905-515-1010
Product Availability: Variety of organically grown fruits and vegetables, including asparagus, blackberries, raspberries, eggplant, tomatoes, squash, peppers
Delivery: Depending on distance
How to order: Phone

LOVE Ontario Garlic

Bart & Lisa Brusse
Hillsburgh, ON
519-855-9472, brusse@rogers.com
www.lovegarlic.ca
Product Availability: Naturally grown in the fertile soils of the Orangeville Moraine. Garlic scapes available late June/early July. Garlic bulbs, braids and seed garlic available early August to December while supplies last. Order early!
Delivery: Will deliver bulk orders. Delivery fees apply.
How to order: By phone or email.
Best time for contact: Evenings, weekends or leave voice message/email at anytime.

Whitney Farm

Tom Whitney
10928 Hwy 9 (2 miles east of Airport Rd.)
(519) 940-3823
whitney.tom@gmail.com
Product Availability: seasonal vegetables/herbs: asparagus, summer/winter squash, potatoes, garlic, onions, greens, (baby leaf, arugala, water cress) tomatoes, peppers, sweet corn, beets, beans, parsley, basil, chives, etc.
Delivery: Depending on distance
How to order: Phone or email

The New Farm

Gillian Flies & Brent Preston
Creemore, 705-466-6302
info@thenewfarm.ca, www.thenewfarm.ca
Product Availability: certified organic & LFP, over 75 varieties of heirloom vegetables, salad mixes
Delivery: Depending on order size
How to order: Phone or email

Arthur Greenhouse

Joanna Baars and Patrick van den Eijnden
7470 Second Line, Arthur
519-848-6816, info@arthurgreenhouses.ca
www.arthurgreenhouses.ca
Product Availability: cantaloupe, watermelon, sweet potato, beans, cabbage, carrots, kale, leek, hot and sweet peppers, tomatoes, zucchini, pie pumpkin, winter squash, (April-October)
Delivery: Yes
How to Order/purchase: By phone or email
Best Time for Contact: Any
You can find Joanna and Patrick at the Caledon (Bolton) Farmers' Market, Thursdays, June-Oct.

Am Braigh Farm

James Richards
873393 5th Line Mono EHS, Orangeville
519 941 9089, ambraighfarm@rogers.com
www.ambraighfarm.com

Product Availability: seasonal vegetables/herbs: asparagus, summer/winter squash, potatoes, garlic, onions, greens, (baby leaf, arugala, water cress) tomatoes, peppers, sweet corn, beets, beans, parsley, basil, chives, etc.

Delivery: Depending on distance

How to order: Phone or email

Murphy's Farmstead

Hollis Murphy
5141 Simcoe Road 10, Alliston
(705) 435-2141, info@murphysfarmstead.com
www.murphysfarmstead.com

Product Availability: asparagus, lettuce, spinach, peas, beans, tomatoes, peppers, potatoes, sweet corn, strawberries, raspberries, blueberries

Delivery: Depending on distance

How to order: Phone or email

Kar-Dean Farms

Karen Campbell-High & Dean High
3320 First Avenue, Vineland Station
905-562-4394
campbell-high.kar-deanfarms@sympatico.ca

Product Availability: tender fruit: sweet cherries, apricots, yellow & blue plums, peaches, Bartlett pears, bosc pears, nectarines, pumpkins, asparagus, rhubarb

Delivery: Yes, depending on order size

How to order: Phone

You can find Kar-Dean Farms at the Inglewood Farmers' Market on Weds. and Caledon Farmers' Market. on Thurs., June-Oct.

Windy Field Farms

Ralph & Julie Baumlisberger
9th Line, Grand Valley
519-928-5200 windyfieldfarms@hsfx.ca
www.windyfieldsmushrooms.blogspot.com

Product Availability: Blue Oyster, Yellow Oyster, Brown Oyster, Shitake mushrooms (Year-round)

Delivery: Yes, depending on order size & distance

How to Order: Phone or email

Best Time for Contact: 8-5 by phone, or anytime by email

You can find Julie at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Hockley Valley Herb & Tea Ltd.

Lena, Owner
15958 Airport Rd., Caledon East
905-584-7227, 647-237-4832,
thetealady@bellnet.ca
www.hockleyvalleyherbsntea.com

Product Availability: morels, wild leeks & fiddle heads (late-Spring)

Delivery: Yes

How to Order: Phone

Altavista Farms

Allan Thompson
12722 Heritage Rd., Caledon
905-873-6811

Product Availability: sweet corn (August-Sept.)

Delivery: Yes, depending on order size

How to order: Phone

You can find Altavista Farms at the Inglewood Farmers' Market on Weds. and Caledon Farmers' Market, on Thurs., in Aug. & Sept.

Albion Hills Community Farm

Deanna Coop, Farm Program Manager
16555 Humber Station Rd., Caledon
deanna@albionhillcommunityfarm.org
cell: 647.227.0227

Product Availability: variety of greens, potatoes, grains, tomatoes, squashes, zucchini, pumpkins, beans, peas, carrots, beets

Delivery: Yes, depending on order size

How to order: Phone

You can find Albion Hills Community Farm at the Inglewood Farmers' Market on Weds. and Caledon Farmers' Market, on Thurs.

Meats & Fish

Besley Country Market

Brian & Evan
716 Victoria St., Shelburne
519-925-3565

Product Availability: Lamb (Year-round)

Delivery: Yes, depending on order size

How to Order: Phone

Best Time for Contact: Any time, leave a message

Bert Nieuwenhuis Lamb

Bert Nieuwenhuis
344497 15th Sideroad, Orangeville
519-941-0479 bertslamb@bell.net

Product Availability: Lamb, lamb pies, variety of cuts (Year-round)

Delivery: Yes, depending on distance

How to Order: Phone or email

Best Time for Contact: Weekdays, Saturdays
You can find Bert at the Inglewood, Caledon and Orangeville Farmers' Market (June-Oct.)

BigTusks Wild Boar

Tony Toivonen & Sue Lowery
Mount Forest
519-323-3506, wildboar@bigtusks.com
www.bigtusks.com

Product Availability: Wild boar; Steaks, roasts, french racks, tenderloin, prosciutto, sausage, ground, burgers, bacon, pepperettes, etc. (Year-round)

Delivery: Yes, depending on order and distance

How to Order: Phone

Best Time for Contact: Any time

Black Willow Farm

Anthony & Cheryl Dawson
5899 Tenth Line, Erin
519-855-6279, 905-872-2297
blackwillow@live.ca

Product Availability: Fresh & frozen elk (variety of cuts, ground, stewing), elk sausage, salami, pepperettes (Year-round)

Delivery: Yes, depending on order size & distance

How to Order: Preferably email, second phone

Best Time for Contact: Any, leave a message

Deer Valley Farm

Irene, Owner
Orangeville
dvf@venison.ca www.venison.ca

Product Availability: Red deer venison (Year-round)

Delivery: Yes, locally

How to Order: Email or online

Best Time for Contact: Any

Donnyweir Poultry Farm

Gerald K. Donnelly
19353 Glen Haffy Rd.
905-584-2470

Product Availability: Free-range roasting chicken (Fall), turkey, duck, goose (Fall/Winter)

Delivery: No

How to Order: Phone

Best Time for Contact: 9am – 8pm

Everdale Organic Farm

Karen
5823 Sixth Line, Hillsburgh
519-855-4859 ext.105 karen@everdale.org
www.everdale.org

Product Availability: Pork & lamb (Year-round) – certified organic

Delivery: Yes, depending on order size & distance

How to Order: Preferably email, second phone

Best Time for Contact: Any

Heatherlea Farm Market

Pat McArthur
17049 Winston Churchill Blvd., Caledon
519-927-5902, www.heatherleafarmmarket.ca

Product Availability: Black Angus beef, local chicken, turkey, pork, wild boar, lamb

How to Order: Phone

Knollbrook Farms

Bill & Wendy Masters, Owner
142239 Dufferin County Road 5, Grand Valley
519-928-3354 knollbrookfarms@sympatico.ca
knollbrookfarms.blogspot.com

Product Availability: Beef, pork, geese, ducks, chicken, eggs, (Year-round), turkey (Fall)

Delivery: Depending on order size & distance
How to Order: Phone or email. Leave message if no answer.

Best Time for Contact: Mon.-Sat.

Meats & Fish

Lamb Lady Farm

Shelagh Finn
9090 5 Sdrd., Palgrave
519-942-8861 lamb lady.finn@gmail.com
Product Availability: Lamb (Year-round)
Delivery: Yes, for extra cost
How to Order: Email
*Order by half or full lamb, custom butchered,
place order minimum of 2 weeks beforehand*

Mono Cliffs Deer Farm

Robert van den Hoef, Owner
Mono Centre Rd & 1st Line Mono, Orangeville
519-940-0065
monocliffsdeerfarm@hotmail.com
Product Availability: Venison, pheasant,
guinea fowl, rabbit (Year-round)
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any, leave a message

Mulmur Vista Farms

Bill McCutcheon
41256 County Rd. 15, Grand Valley
519-928-9626, 519-766-7905
wmccutcheon@sympatico.ca
Product Availability: Lamb, grain-fed, variety
of cuts available (Year-round)
Delivery: Yes, for minimum order of \$150
How to Order: Email or phone
Best Time for Contact: Any, leave a message

Our Farm

Eva & Willi Simon
10084 Highway 9, Palgrave
519-942-9156 ews@ourfarm.ca
www.ourfarm.ca
Product Availability: rabbit (Year-round)
Delivery: Yes, for minimum order of \$100
How to Order: Phone or email
Best Time for Contact: Any

Silver Creek Aquaculture

Lou & Karen
8 Mountainview Cr., Erin
519-833-2559 fish@silvercreekponds.com
www.silvercreekponds.com
Product Availability: 3 varieties of fresh trout
(Year-round), Smoked trout (upon request)
Delivery: Yes, depending on quantity
How to Order: Phone or email
Best Time for Contact: Any

Speers Farms - Amaranth

Wayne Speers
245199 5 Sideroad, Amaranth Township
519-941-2708, 519-942-6523
waynespeers@everus.ca
Product Availability: Angus beef, sausages,
all-beef franks, pepperettes (Year-round)
Delivery: Yes, depending on order size
How to Order: Phone or email
Best Time for Contact: Any
*You can find Speers Farms at the Caledon
Farmers' Market, Thursdays, June-Oct.*

Spritwood Farm

John & Marion Feheley
4541 Beechgrove Sdrd., Caledon
519-927-9993
john@johntheblacksmith.com
Product Availability: Grass-fed beef, pork,
pastured chicken (Year-round)
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any

Stone Ridge

Don Carruthers
17812 St. Andrews Rd., Caledon
519-927-5234
Product Availability: Freezer beef (Fall)
Delivery: Yes, depending on order size
How to Order: Phone
Best Time for Contact: 9-5
custom butchered, variety of cuts available

Golden Innisfree Farms

John Slack
Erin, 519-855-4564, johnmslack@gmail.com

Product Availability: Lamb

Delivery: Yes

How to order: Phone or email

Contact: Anytime

You can find John at the Inglewood Farmers' Market on Wed. and Caledon Farmers' Market, on Thurs., June-Oct.

Primrose Trout Farm

Terry Jesse
RR4 Shelburne
519-925-3846 troutfarm@bell.net
www.primrosetroutfarm.com

Product Availability: Rainbow trout (Year-round)

Delivery: Yes, depending on quantity

How to Order: Phone

Best Time for Contact: Any

Am Braigh Farm

James Richards
873393 5th Line Mono EHS, Orangeville
519 941 9089, ambraighfarm@rogers.com
www.ambraighfarm.com

Product Availability: chicken

Delivery: Depending on distance

How to order: Phone or email

Murphy's Farmstead

Hollis Murphy
5141 Simcoe Road 10, Alliston
(705) 435-2141, info@murphysfarmstead.com
www.murphysfarmstead.com

Product Availability: Roasting chickens (summer)

Delivery: Depending on distance

How to order: Phone or email

Maple Syrup

Black Willow Farm

Anthony & Cheryl Dawson
5899 Tenth Line, Erin
519-855-6279; 905-872-2297
blackwillow@live.ca

Product Availability: Maple Syrup (Year-round)

Delivery: Yes, depending on order size & distance

How to Order: Preferably email, second phone

Best Time for Contact: Any

Putney Heath Farms

Jim Pipher
Caledon East
905-584-9328

Product Availability: Maple Syrup (Year-round)

Delivery: Yes, for large orders

How to Order: Phone

Best Time for Contact: Evening

Duffy's Lane Maple

Jen Roberts
15271 Duffy's Lane, just north of Castlederg Sdrd
905.880.7876

Product Availability: Maple Syrup (April-Aug)

Delivery: Yes, depending on order and distance

How to Order: Phone

Best Time for Contact: Daytime

Willow Creek Farm

Clare Booker & Jay Mowat
Erin

jmowat@willowcreekonline.ca

Product Availability: Maple Syrup

Delivery: Yes, depending on order size & distance

How to Order: Email

Knollbrook Farms

Bill & Wendy Masters
142239 Dufferin County Road 5, Grand Valley
519-928-3354 knollbrookfarms@sympatico.ca
knollbrookfarms.blogspot.com

Product Availability: Maple Syrup

Delivery: Depending on order size & distance

How to Order: Phone or email. Leave a message if no answer.

Best Time for Contact: Mon.-Sat.

Honey

Caledon Hills Honey

Paul Reader
17895 Heart Lake Rd., Caledon
519-927-3376 paul-reader@hotmail.com
www.caledonhoney.com
Product Availability: Honey (Year-round)
Delivery: Yes, for minimum order of \$100
How to Order: Phone or email
Best Time for Contact: Any

Forks of the Credit Honey

Bob Darrell
1354 Forks of the Credit Rd., Caledon
519-927-3334 bobbie@interlog.com
Product Availability: Summer Blossom and Autumn Blossom, Raw and Comb Honey (available August - November)
Delivery: Depending on order size
How to Order: Phone or email
Best Time for Contact: Any

Horseshoe Hill Apple Farm

Linda Gillstrom
15691 Horseshoe Hill Rd.
519-927-1715 lgillstrom@rogers.com
Product Availability: honey
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any time

Morland Honey House

Robert Ireland
Violet Hill
519-925-1441
Product Availability: Wildflower & alfalfa honey (year-round)
Delivery: Depending on order size & distance
How to Order: Phone
Best Time for Contact: Any

Caledon Farm

Sybil Walker
20985 Main St., Alton
519-941-4116 sales@caledonfarm.com
www.caledonfarm.com
Product Availability: honey
Delivery: Yes
How to Order: Email or phone
Best Time for Contact: Any

Music Farm

Rusty
14130 Creditview Rd., Cheltenham
905-838-1108
Product Availability: Honey (Year-round)
Delivery: Depends on distance
How to Order: Phone
Best Time for Contact: Any
You can find Rusty at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Pine Creek Honey

Susan Frame, Owner
4952 10th Line, Georgetown
905-873-0563
www.pinecreekhoney.com
Product Availability: Local wildflower honey, Ontario beeswax candles (year-round)
Delivery: Depending on order size & distance
How to Order: Phone
Best Time for Contact: Any

Seventh Heaven Apiary

Mark Van Trigt
954335 7th Line Mono, Orangeville
519-941-4195 seventh.heaven@sympatico.ca
Product Availability: Honey, pollen, comb honey, beeswax candles and creams (Year-round)
Delivery: Depending on distance
How to Order: Phone
Best Time for Contact: Any

Leitch's Honey

Randy Leitch, Orangeville
519-942-1380 www.leitchshoney.com
Product Availability: Honey (raw, liquid, creamed, comb), honeysticks, beeswax candles, honey butter, skin creams, bee pollen (Year-round)
Delivery: Yes, depending on order size
How to Order: Phone
Best Time for Contact: Any
You can find Randy at the Caledon Farmers' Market, Thursdays, 3-7pm, June-Oct.

Golden Innisfree Farms

John Slack

Erin, 519-855-4564, johnmslack@gmail.com

Product Availability: Honey

Delivery: Yes

How to order: Phone or email

Best Time for Contact: Anytime

You can find John at the Inglewood Farmers' Market on Wed. and Caledon Farmers' Market, on Thurs., June-Oct.

Wally Tait

Wally Tait

2716 Boston Mills Road, 905-866-2728

Product Availability: Honey

How to order: Phone

Best Time for Contact: Daytime

Breads & Baked Goods

Downey's Farm & Winery

Darlene Downey
13682 Heart Lake Rd., Caledon
905-838-2990
info@downeysfarm.com www.downeysfarm.com
Product Availability: Pumpkin donuts, pies, breads & buns (April-Dec.)
Delivery: Depends on order size
How to Order: Preferably email
Best Time for Contact: Any

Goodness Me!

Jean Newell
Caledon East
905-584-1933
Product Availability: Over 22 varieties of hand-made fruit pies & fruit desserts, organic and gluten-free crisps options also available (Year-round)
Delivery: Yes
Minimum Order: Yes, for minimum 12 pies
How to Order: Phone
Best Time for Contact: Daytime

Howard the Butchers

Howard & Ann
15980 Airport Rd, Caledon East
905-584-2934
Product Availability: Fresh breads and buns made to order (white, whole wheat, cinnamon, egg and more) (Year-round)
Delivery: Yes, depending on order and distance
How to Order: Phone
Best Time for Contact: Any time

Ken Speirs Orchards

Lonna Speirs
4810 Mayfield Rd., between Dixie & Bramalea
905-846-0506
Product Availability: Pies (Year-round)
Delivery: No
How to Order: Phone
Best Time for Contact: Weekdays, 9-5

Mercato Fine Foods

Rosanna
1 Queensgate Blvd., Bolton
905-857-9040 www.mercatofindfoods.ca
Product Availability: Variety of breads and loaves, including olive, sundried tomato, corn, potato, walnut, sour dough and more. Pies & tarts. (Year-round)
Delivery: Depending on order size and distance
How to Order: Phone
Best Time for Contact: Mon.-Sun., 9am-7pm

Music Farm

Rusty
14130 Creditview Rd., Cheltenham
905-838-1108
Product Availability: Rye grain & flour (Year-round)
Delivery: Depends on distance
How to Order: Phone
Best Time for Contact: Any
You can find Rusty at the Inglewood Farmers' Market on Wednesdays, 3:30-7pm, June-Oct.

Our Farm-Bakery

Eva & Willi Simon
10084 Highway 9, Palgrave
519-942-9156 ews@ourfarm.ca
www.ourfarm.ca
Product Availability: organic spelt breads, European style cakes, soups & preserves (Year-round)
Delivery: Yes, for minimum of \$100 order
How to Order: Phone or email
Best Time for Contact: Any time

Pastizzi in the Hills

Billy Grima
Cheltenham
647-880-6455 contactus@pastizziinthehills.com
www.pastizziinthehills.com
Product Availability: European flaky pastries (apple, cherry, blueberry, feta and spinach, peas/onions/corn beef, ricotta cheese, veggie and other seasonal and custom varieties), homemade cakes and pies. Frozen and baked products. Custom made breads are also available. (Year-round)
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any time

Breads & Baked Goods

Pia's Bakery

Pia
177 Broadway, Orangeville
519-307-1258, www.piasbakery.com
Product Availability: Extensive line of artisan breads, tarts, pies
Delivery: Yes
How to Order: Phone
Best Time for Contact: Tues.-Sat., 9-6

Ray's 3rd Generation Bistro Bakery

Donna Perkins
1475 Queen St., Alton
519.941.6121
Product Availability: Breads, buns, cookies, tarts, other baked goods (Year-round)
Delivery: Depending on order size and distance
How to Order: Phone
Best Time for Contact: Mornings

Rock Garden Farms

Margaret Galati
16390 Airport Rd.
905-584-9461
Product Availability: Pies, turnovers, tarts and breads
Delivery: No
How to Order: Phone
Best Time for Contact: Daily, 7am-8pm

Spirit Tree Estate Cidery

Thomas Wilson & Nicole Judge
1137 Boston Mills Rd., Cheltenham, Caledon
905-838-2530, contactus@spirittreecider.com
www.spirittreecider.com
Product Availability: Artisan breads, baguettes, pies, tarts (year-round)
Delivery: Yes
How to Order: Phone
Best Time for Contact: Any

The Biscotti Shoppe

Lisa Donato and Lisa Primomo
Bolton
647-242-1685, info@thebiscottishoppe.ca
www.thebiscottishoppe.ca
Product Availability: Biscotti (Year-round)
Delivery: Yes, depending on order and distance
How to Order: Email or via website
Best Time for Contact: Any time

Wicked Shortbread

Keri Eric
Inglewood
416-809-5764 order@wickedshortbread.com
www.wickedshortbread.com
Product Availability: Shortbread (Year-round)
Delivery: Yes
How to Order: Phone or email
Best Time for Contact: Any

Murphy's Farmstead

Hollis Murphy
5141 Simcoe Road 10, Alliston
(705) 435-2141, info@murphysfarmstead.com
www.murphysfarmstead.com
Product Availability: handmade pies, tarts, fresh breads, cookies, squares, cakes
Delivery: Depending on distance
How to order: Phone or email

Holtom's Bakery Ltd.

78 Main St., Erin
519-833-2326
Product Availability: breads, cookies, tarts, and variety of baked goods
How to Order: Phone
Best Time for Contact: Daytime

Glen Oven Bakery

520 Main St., Glen Williams
(905) 873-0940
Product Availability: breads and other baked goods
Delivery: Yes
How to Order: Phone
Best Time for Contact: Any
You can find Glen Oven breads at the Inglewood Farmers' Market, Weds., June-Oct.

Beverages (wine, cider, tea & coffee)

Albion Orchards

Scott Lunau
14800 Innis Lake Rd., Caledon East
905-584-0354

www.albionorchards.com

Product Availability: Apple cider (Aug.-Dec.)

Delivery: Depends on distance and order size

How to Order: Phone

Best Time for Contact: Weekdays, 9-5

Buckstown Beans Fair Trade Organic Coffee

Barb Imrie
Palgrave
905-880-4905

buckstownbeanscoffee@rogers.com

Product Availability: Fresh roasted & ground coffee (Year-round)

Delivery: Yes, for extra charge

How to Order: Phone or email

Best Time for Contact: Any

Fresh-roasted (require 5 days for large order).

5 caffeinated varieties; 3 de-caffeinated

varieties; 10% of sales donated to community

You can find Barb at the Palgrave

Environmental Committee Booth Caledon

Farmers' Market Thursdays, 3-7pm, June-Oct.

Chesslawn Vineyard & Winery

Dave & Lisa Matson
8859 Castlederg Sdrd., Caledon
416.907.4283 sales@chesslawnwinery.com

www.chesslawnwinery.com

Product Availability: Several varieties of red & white wines, including Baco Noir, Foch, Seyval Blanc, Vidal, Ice Wine (Year-round)

Delivery: Yes, depends on order size & distance

How to Order: Phone or email

Best Time for Contact: Any

Downey's Farm & Winery

John & Ruth Downey
13682 Heart Lake Rd., Caledon
905-838-2990

info@downeysfarm.com www.downeysfarm.com

Product Availability: Fruit and grape wines, maple wine, apple & apple-raspberry hard cider (Year-round)

Delivery: Depends on order size

How to Order: Preferably email

Best Time for Contact: Any

Hockley Valley Coffee Roasters

Tom Deans
307171 Hockley Valley Rd., Orangeville
519-941-7081 sales@hockleyvalleycoffee.com

www.hockleyvalleycoffee.com

Product Availability: Locally roasted coffee – roasted to order (Year-round)

Delivery: Yes, next day courier delivery, free shipping for 2lb or more

How to Order: Phone or email

Best Time for Contact: Any time

Hockley Valley Herb & Tea Ltd.

Lena, Owner
15958 Airport Rd., Caledon East
905-584-7227, 647-237-4832

www.hockleyvalleyherbsntea.com

Product Availability: Artisanal herbal teas, using locally grown herbs (Year-round)

Delivery: Yes

How to Order: Phone

Ken Speirs Orchards

Lonna Speirs
4810 Mayfield Rd., between Dixie & Bramalea
905-846-0506

Product Availability: Apple cider (Year-round)

Delivery: No

How to Order: Phone

Best Time for Contact: Weekdays, 9-5

Spirit Tree Estate Cidery

Thomas Wilson & Nicole Judge
1137 Boston Mills Rd., Cheltenham
905-838-2530, contactus@spirittreecider.com

www.spirittreecider.com

Product Availability: Hard and soft apple cider (Year-round)

Delivery: Yes

How to Order: Phone

Best Time for Contact: Any

Other Value-Added Products

Hockley Valley Herb & Tea Ltd.

Lena, Owner
15958 Airport Rd., Caledon East
905-584-7227, 647-237-4832
www.hockleyvalleyherbsntea.com
Product Availability: Culinary spices, salted herbs (fall), Fleurs d'Ail
Delivery: Yes
How to Order: Phone

Mrs. V's

Barb Vivian
905-453-2242, dvivian@sympatico.ca
www.preserves.vpweb.ca
Product Availability: pickles, jams, jellies, conserves, chutneys, pickled vegetables,
How to Order: Phone or email
Best Time for Contact: Any time

Our Farm-Bakery

Eva & Willi Simon
10084 Highway 9, Palgrave
519-942-9156 ews@ourfarm.ca
www.ourfarm.ca
Product Availability: Soups & preserves (Year-round)
Delivery: Yes, for minimum of \$100 order
How to Order: Phone or email
Best Time for Contact: Any time

The Chocolate House

Jacqui Vaccaro
Glen Williams
905-873-7443
the.chocolate.house@hotmail.com
Product Availability: Homemade chocolate, Turkish delight, fudge, cotton candy (year-round)
Delivery: Yes
How to Order: Phone
Best Time for Contact: M-F, 10am-5pm

The Chocolate Gallery

Al & Joyce
Inglewood
905-838-0048
Product Availability: fudge (year-round)
Delivery: Yes
How to Order: Phone
Best Time for Contact: M-F
You can find Al at both the Inglewood Farmers' Market on Wednesdays and Caledon Farmers' Market on Thursdays, June-Oct.

Woolwich Dairy

Lindsay Gregory
425 Richardson Rd., Orangeville
1-877-438-3499 lindsay@woolwichnova.com
Product Availability: Local goat cheese products including fresh chevre, cheddar, feta, mozzarella, brie
Delivery: Deliver to most distributors
How to Order: Through restaurant distributor
Best Time for Contact: Any time

Flowers & Plants

Plant Paradise Country Gardens™

Lorraine Roberts
16258 Humber Station Road, Palgrave
905-880-9090
Product Availability: Organically grown perennials, herbs, tomato plants and sprouts (April-October)
Delivery: No
How to Order/purchase: In person or by phone
Best Time for Contact: Open, Wed.-Sun, 9am-5pm

Am Braigh Farm

Jamie Richards
873393 5th Line Mono EHS, Orangeville
519-941-9089, ambraighfarm@rogers.com
www.ambraighfarm.com
Product Availability: Flowers (e.g. calla lilies, glads and sunflowers)
Delivery: Depending on distance
How to order: Phone or email

Arthur Greenhouse

Joanna Baars and Patrick van den Eijnden
7470 Second Line, Arthur
519-848-6816, info@arthurgreenhouses.ca
www.arthurgreenhouses.ca
Product Availability: annual, hanging baskets, planters, perennials, shrubs, evergreen, fruit shrubs, fruit trees, trees, fall mums, ornamental grasses, cut flowers (April-October)
Delivery: Yes
How to Order/purchase: By phone or email
Best Time for Contact: Any
You can find Joanna and Patrick at the Caledon (Bolton) Farmers' Market, June-Oct.

Caledon Farm

Sybil Walker
20985 Main St., Alton
519-941-4116 sales@caledonfarm.com
www.caledonfarm.com
Product Availability: cut flowers, organically grown
Delivery: Yes
How to Order: Email or phone
Best Time for Contact: Any

Botanix Alton Greenhouse

Bill & Cindy Spaans
19598 Main St., Alton
519-941-8354
Product Availability: flowers, plants, vegetable seedlings
How to Order: Phone
Best Time for Contact: Any

Rock Garden Farms

Margaret & Paul Galati
16930 Airport Road, Caledon East
905-584-9461, rockgardenfarms@sympatico.ca
Product Availability: flowers, plants
How to Order: Phone
Best Time for Contact: Any

Stephanie's Country Greenhouse

Stephanie Judge
13694 Chinguacousy Road, Cheltenham
905-838-2493
Product Availability: Flowers & plants (May-June)
How to order: Phone

Willow Creek Farm

Clare Booker & Jay Mowat
Erin
jmowat@willowcreekonline.ca
Product Availability: Bedding plants
Delivery: Yes, depending on order size & distance
How to Order: Email